



Break Free From Plastic!



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JULY 2023

The green asterisk * in a calendar square indicates a clickable link to more info.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	30	1 *THE CHALLENGE: PLASTIC FREE JULY!
2 * PLASTICS GOOD AND BAD	3 * REFUSE Single Use Bags when you shop	4 * HAPPY 4TH! CAN YOU MAKE IT PLASTIC FREE?	5 * REDUCE PLASTIC IN YOUR BATHROOM	6 * Business Meeting 7:00pm	7 * INVESTIGATE! MOVCA SURVEY/CONTEST	8 TRY A FARMERS MARKET
9 * MOVIE NIGHT #1! ADDICTED TO PLASTIC	10 * LEARN ABOUT NURDLES	11 * LEARN HOW PLASTICS AFFECT THE CLIMATE CRISIS	12 * ARE RECYCLED PLASTICS SAFE?	13 * MOVIE NIGHT #2! PLASTIC PARADISE	14 * MAKE SUSTAINABLE LUNCH PACKS	15 * REFUSE PLASTIC STRAWS
16 * HOW TO HYDRATE PLASTIC FREE!	17 * WORKSHOP DAY T-SHIRT to TOTE PLASTIC & RIVERS	18 * REFUSE DISPOSABLE COFFEE CUPS	19 SWITCH TO REUSABLE KITCHEN TOWELS	20 * DR RANDI POKLADNIK IN PERSON - 7PM	21 * CHOOSE LOOSE PRODUCE	22 USE CLOTH NAPKINS
23 VISIT A NEARBY RIVER TELL A FRIEND WHY 30 PLASTIC FREE!	24 * HEATHER SPROUSE - 7pm WILL YOU CONTINUE 31 PLASTIC FREE?	25 ASK CONGRESS TO PROTECT OUR RIVERS	26 SWITCH TO BAR SHAMPOO	27 * CALLIE LYONS HYBRID - 7PM	28 * DEMAND SAFE DRINKING WATER	29 PICK UP LITTER WHEREVER YOU ARE